



La Bottega
49 Covert Ave
Floral Park, NY 11001
Tel. 516.216.5177

Salad Menu

SPECIALE LA BOTTEGA ~ Fresh tomatoes, basil, black olives, red onion, chopped mozzarella and balsamic dressing	8.50
INSALATA DI STAGIONE ~ Mixed greens salad, tomatoes, carrots and cucumbers with our vinaigrette	5.50
INSALATA TRICOLORE ~ Radicchio, arugula, endive, olives and shaved Parmigiano Reggiano and balsamic	8.00
RADICCHIO ~ Radicchio, Belgium endive, baby arugula, black olives, boiled organic eggs and diced fontina cheese with balsamic dressing	8.50
BIETOLE ~ Mixed greens, roasted red beets, goat cheese, walnuts, roasted corn, fresh tomatoes, honey dressing	8.50
AVOCADO ~ Chopped iceberg lettuce, shredded mozzarella, grilled chicken, avocado, toasted almonds and cherry tomato with balsamic vinaigrette	8.75
RUCHETTA E GORGONZOLA ~ Baby arugula, endive, roasted pecans and Gorgonzola and balsamic dressing	8.00
SPINACI ~ Baby spinach, ciabatta croutons, black olives, walnuts, white mushrooms, goat cheese and balsamic dressing	8.00
RUCOLA E CAPRINO ~ Arugula, goat cheese, sun dried tomatoes and roasted walnut with balsamic dressing	8.50
PARMA SALAD ~ Romaine hearts, tomato, black olives, peppers, red onions, chicken cutlet, Parmigiano and balsamic	8.75
ZOLA SALAD ~ Baby arugula, mushrooms, red onions, corn, bacon, gorgonzola crumbles and balsamic dressing	7.50
INSALATA CON FUNGHI ~ Mixed greens, roasted portobello mushrooms, sweet peppers, sunflower seed and fresh mozzarella with balsamic dressing	8.00
INSALATA DI PERE ~ Mixed greens, red pears, crumbled gorgonzola, roasted pecans and lime dressing	8.00
FRUTTA SECCA ~ Mixed greens, walnuts, goat cheese, mix dried fruit, with a homemade honey dressing	8.00
BACON ~ Baby spinach, crispy bacon, dried apples, red onions, walnuts, gorgonzola and honey dressing	7.75
RUCOLA CON POLLO ~ Grilled chicken breast with arugula, roasted grapes, almonds, carrots and Dijon dressing	7.50
RUCOLA E FARRO ~ Baby arugula, Tuscan barley, cherry tomatoes, roasted hot peppers, hearts of palm, gorgonzola cheese and grilled chicken with honey dressing	8.75
INSALATINA DI POLLO ~ Grilled chicken with mixed greens, olives, onions, carrots & almonds with balsamic	8.50
"SAL SALAD" ~ Chicken cutlet with mixed greens, red onions, tomatoes and garlic-balsamic vinaigrette	8.00
"DI ROSA SALAD" ~ Chicken cutlet with mixed greens, fresh tomatoes goat cheese and balsamic vinaigrette	8.25
"SUSAN SALAD" ~ Chicken cutlet, mixed greens, red onions, hot peppers, corn, gorgonzola, tomatoes and balsamic	8.75
ROMANA E TONNO ~ Romaine hearts, boiled organic eggs, imported Italian tuna, cherry tomatoes and fava beans, with lime dressing	8.25
ROASTED SALMON SALAD ~ Mixed greens, roasted salmon, diced butternut squash, spicy wasabi peas and orange dressing	11.00
ROMANA CON GAMBERONI ~ Romaine lettuce with grilled jumbo shrimp, fresh mozzarella, raisin, roasted walnuts, fresh tomatoes and balsamic vinaigrette	11.00
CAJUN SHRIMP ~ Spicy cajun shrimp, iceberg lettuce, cherry tomato, sunflower seeds, roasted red onion and raisins with an orange dressing	11.00
INSALATA DI CALAMARI ~ Mixed greens, sun-dried tomato, Gaeta olives, fried capers and chopped scallions, topped with grilled calamari and lime dressing	9.25